



Co-funded by the Asylum, Migration and Integration  
Fund of the European Union

# Progetto ICARE

HOME/2017/AMIF/AG/EMAS/0075

## CORONAVIRUS

Everyone has the responsibility  
to contain the situation

1. Keep a safe distance between you and other people. If you can, at least one or two meters, in order to reduce the risk of transmission
2. Wash your hands often, avoiding the use of jewelry that could hide a proper washing, such as rings or bracelets, do not touch your eyes, nose and mouth with your hands.  
If you sneeze or cough cover your mouth and nose.
3. Always use a tissue and immediately throw it away in a closed container or, if you do not have anyone, use the crease of your elbow
4. Avoid a close contact with people showing respiratory symptoms
5. Reduce your participation at public or crowded events. In public spaces, do not exchange glasses, water bottles, etc.
6. Avoid taking the lift with other people
7. Pay a close attention both at home as at the workplace

### IF YOU HAVE FEVER, COUGH, MUSCULAR PAIN CALL SERVICE NUMBERS.

If you have symptoms do not go to the emergency HOSPITAL and avoid contact with other people. Consult your family doctor through the phone or call the number **1500**.



800 033 033



800 11 88 00



800 45 87 87



800 55 60 60